

90-Day Prosperity Experiment Lab Report

Day 70— *Are You Prepared For Wealth?*

“I always knew I was going to be rich. I don’t think I ever doubted it for a minute.”

-- Warren Buffett

Today’s Message

Not too long ago I read a biography on billionaire Warren Buffett, primarily because I was curious and wanted to find out more about the richest man in America, but also because I always enjoy reading about those who have succeeded beyond expectation. (If your current reading and study program does not routinely include biographies and autobiographies written about or by successful men and women throughout the world, then I highly recommend you begin adding such materials immediately. You will find it to be a never-ending source of inspiration.)

As I was reading about the famous “Oracle of Omaha,” one of the first things I picked up on was that even as a young child being reared in a middle class environment, the man truly believed he was going to be wealthy. It was a belief he steadfastly held through all the lean years, never flinching in his determination to stay on target toward his goal. While his passion and uncanny understanding of financial markets were, no doubt, a great help in acquiring wealth, more than anything, it was his unflinching focus that ultimately brought him the wealth he believed was his to acquire.

The old adage “energy flows where attention goes” seems fitting here as it is clear from even the most cursory study of Warren Buffett’s life that becoming wealthy was on his mind long before the actual wealth arrived. By continually holding the thought before him, accepting it as his reality, envisioning the inflow of wealth into his life on a daily basis, then eventually these thoughts and beliefs began to structure every facet of his behavior and influenced subsequent thoughts and ultimately created his fortune.

As we have continually pointed out throughout this Prosperity Experiment, acquiring wealth begins with a prosperous mindset. The primary reason so many people fail to attract more money into their lives is because they operate from a mindset of lack and limitation instead of from one of abundance.

So how do we get caught up in a mindset of lack and limitation? Basically it comes from the way we view the world. We look around us, focus on appearances, listen to what others tell us and then make up our minds that we live in a world where there simply isn’t enough to go around: Not enough money, not enough food, not enough water, not enough resources, not enough of almost everything we think we need.

Such a limited mindset gives rise to competitiveness, literally putting us at odds with our fellow man. In a “grab it first before it’s all gone” world, we feel we have no choice but to try to beat everyone else to the prize. It is only when we open our minds and begin accepting the idea of infinite prosperity, that we are able to understand abundance is our natural state. Only then can we give up the need to scratch and claw our way to the

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top, step away from the “rat race” and enter into the limitless kind of thinking that easily attracts wealth and prosperity to us.

Those with a prosperous mindset understand and embrace the fact that there is always enough to go around. They trust there will forever be an abundance of money, opportunities, and every other good thing, ready and available for the taking. If one resource disappears, another one will rise up to take its place. And because the universe always delivers our expectations back to us, we receive the abundance they have trusted for.

When we actively work to establish abundance awareness as the basis of our thinking, then we are effectively determining the vibration we send out, dictating the actions we take, and openly drawing to us those things we not only expect, but are open to receiving.

With an a mindset that is geared toward prosperity, we realize competition for what we want is no longer necessary. We don't have to struggle and fight and worry that someone is going to beat us to our good. We don't have to try and think of ways to get ahead of the other guy. We need only to relax and let it be. And the more we relax and open ourselves to the good all around us, the more easily and effortlessly that good comes and settles at our feet.

Shifting from a limited to a prosperous mindset affects every area of our lives. As we start thinking differently, start acting differently, and as we begin responding to life differently, we begin noticing positive and prosperous changes taking place all around us. After a while, we look up and realize that we are surrounded by everything we could possibly want and need. And as we stop to ponder this new reality, we become aware that the struggle that was once so commonplace in our lives is now nothing more than a distant memory.

Any time you feel yourself becoming frustrated, or fearful, or you notice that you are beginning to struggle personally, then take a deep breath, step away from your emotions and remind yourself that lack is just an illusion and you have already decided to give it up. Then return to the realization that you live in an abundant and beneficial universe that is more than ready to supply your every desire.

Remind yourself that you are the creator of your world and that anything you need and desire is already making its way to you, traveling as quickly and effortlessly as you will allow it to be.

Today's Affirmation

“I keep my mind focused on what I want.”

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Today's Action Steps

1. Re-read your Prosperity Business Plan and your **Eleven Things Gratitude List**.
2. Take a moment to stand firmly with one arm raised to the heavens, the fist clenched as firmly as if you were holding on to the hand of God. Now either mentally or vocally affirm:

As God as my witness, I am powerful today, I am brave today, I am strong today, I am fearless today, I prosper today. And I am living each moment of this day embracing my true nature and moving closer to becoming the person I am destined to be. For today and every day from this point forward this is my truth.

Note: If possible write this affirmation on a card that will fit in your wallet or purse and carry it with you so you can refer whenever you feel doubts or fears arising. And each time you repeat this affirmation, say the words with as much feeling and emotion as you possibly can, spending at least one full minute imagining every aspect of your life as you want it to be.

3. Place today's allotment of money in your container and read the affirmation on the container three times. Expect to receive in return.
4. Bless those around you, including your fellow participants in this experiment. See those you bless prospering and surrounded by good. Then bless yourself and see the same. You may also want to continue blessing those on the blessing request list. Reading the responses will give you an opportunity to see for yourself.
5. Return to the blessings requests and read the responses being posted by those who have been blessed. (you'll find a link at the bottom of this email, or simply go to bettertobless.com and click on "Request a Blessing") Your blessings are making a difference. Reading the responses will give you an opportunity to see for yourself.