

# 90-Day Prosperity Experiment Lab Report

## Day 67 — *Rich or Good?*

*“If we want a love message to be heard, it has got to be sent out.  
To keep a lamp burning, we have to keep putting oil in it.”*

-- Mother Teresa

### Today's Message

As way of introducing him to the second Law of Stratospheric Success, the Law of Compensation, Joe, the main character in *The Go-Giver*, is taken to meet Nicole, the young, savvy CEO of an educational software company.

During the course of their initial conversation, Joe asks her if, in the early stages of developing her company, she was concerned about someone stealing her ideas. Nicole responds that the thought never crossed her mind, but that she had been concerned about something else:

“...I was afraid it would get out of hand and become really successful,” Nicole admits to Joe. “I was brought up with a belief that there are two types of people in the world. There are people who get rich, and there are people who do good. My belief system said you’re one of the other. You can’t be both.

“The people who got rich did so by taking advantage of everyone else. The people who really cared about others and provided services - policeman, nurses, volunteer workers and, of course, teachers -those were the world’s good people, and they could never be rich. That would be a contradiction in terms.

At least that’s what I grew up believing.”

When Joe asks her what happened to change her mind, Nicole adds: “I watched how hard my partners were working, I saw how many kids’ lives we were changing. And I saw that my old belief system was only getting in the way. It wasn’t serving. So I decided to change it.”

“You just decided?” asked Joe.

“Yup. Decided.”

“So, you can just do that?” Joe said.

“Anyone can,” she smiled, noting Joe’s doubting look, “Have you ever made up a story?” Joe glanced around the playroom/conference room. He flashed back to his kindergarten days and laughed. “I sure used to. Plenty of them.”

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“Your life works the same way,” she said. “You just make it up. Being broke and being rich are both decisions. You make them up, right up here.” She tapped her finger to her temple. “Everything else is just how it plays out.”



I wanted to share this brief conversation between Joe and Nicole with you because, if you’re like most, you may very well be having a similar conversation with yourself right about now. And you may be beginning to realize that it’s time to make a new decision.

While the Prosperity Experiment has never been about money, per se, it would be foolish for us to think that money is not a necessary component of our overall prosperity. We can do more to help ourselves and those around us when we have an abundant flow of money in our lives. It’s that simple. The poverty of this world will never be ended by more poverty. It will be ended by wealth and an overflowing consciousness of wealth. That is the only way it can end.

The Law of Compensation states that our income is determined by how many people we serve and how well we serve them. If you find a way to impact millions of lives, and you are open to allowing money to come into your life, chances are very, very good your income will increase in direct proportion to the number of lives impacted. That does not mean that your impact will provide you with happiness, security or peace of mind.

You could, for instance, find a way to create a new weapon of war that would annihilate millions. You might make a great deal of money from your creation, but you might also spend a lifetime of sleepless nights for having created it.

If you can find a way to make a positive impact on millions of people, however, and you are open to allowing money to come into your life, chances are very good that not only will your income increase in direct proportion to the number of lives you positively impact, your overall sense of happiness, security and peace of mind will also be increased as a result.

Notice the difference between impact and positive impact?

But just making a positive impact does not mean that money will make you happy. Money doesn’t make anyone happy. It never has. That’s because happiness is an inside job. It is an inside job that is developed, in part, by the way you connect with the world around you.

That’s why blessing has been such an important facet of this experiment. When you bless others, you begin

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to feel better about yourself because you've given of yourself. The more people you bless, the more you are blessed in return because you feel increasingly better about yourself. The better you feel, the happier you become. And while money will not make you happy, it will flow more easily to you when you are happy.

That is, it will flow to you, unless you have an aversion to it. If, like Nicole, you are initially fearful of success because of a skewed idea of wealth, or you think there is something wrong with money, you will have difficulty attracting it to you until you change your mind.

And it should be noted here, as well, that even though you may believe yourself to be utterly content, as long as you have this judgmental belief regarding wealth, it will keep your feelings of happiness slightly at bay. Like a tiny ink spot on an otherwise pure white sheet of paper, even the tiniest tinge of judgment will keep pure happiness from you. There will always be this slight sense that something is missing. What is missing is the total awareness of abundance in your life.

If you think money is evil, filthy or troublesome, or you believe that all rich people in this world are greedy buggers that steal from the poor, or you accept even a watered-down version of such beliefs, then chances are very good wealth will stay as far from you as it can. Nothing wants to be where it is not welcomed.

If, however, you see money as simply a way to exchange energy, a useful tool that you can use to benefit yourself and others, it will flow to you.

As an example of what I mean, let's take brief look at the life of Mother Teresa.

Many people believe that Mother Teresa was poor. But wealth and poverty are not measured by the amount of money you have in your bank account, but by the access or lack of access you have to what is needed to live your life the way you intend.

In her lifetime, Mother Teresa either directly or indirectly made a positive impact on millions, perhaps billions, of lives. Yet Mother Teresa, by world standards, was not rich and money was never the motivation for her work. However, Mother Teresa knew that in order to help the poor, she needed money. So she certainly had no aversion to it. She saw it as a useful tool in her daily work. It was not the end-all of what she did, but it was a necessary component.

Based on what you have learned thus far in the experiment, if you stop and think about it for a moment, you'll realize it would have been impossible for her to obtain the money she needed to help the poor if she had inwardly believed that rich people are of less value than poor people, or that money is evil. Mother Teresa may

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not have been personally wealthy, but she was, indeed, prosperous. And she used her prosperity to make a difference in her world.

Because of her willingness to touch millions of lives with her love and her example, money flowed freely to her from those who respected and appreciated her work and wanted to help her. Had she not loved and respected those who gave, however, she would never have been able to attract the money she needed for her work. Her own aversion to wealth would have kept the money she needed for her work from flowing to her. She would have been crippled by her own limited thinking.

A prosperity mindset is not one that is centered on money. It is one, however, that understands that money is nothing more than a very necessary medium of exchange. Those who are rich are neither better nor worse than anyone else. They are simply willing to allow the flow of wealth into their lives. They understand that this is an abundant universe, and they accept the abundance all around them.

And that makes all the difference in how their lives are lived.



Today, ask yourself what limiting beliefs you still hold regarding money and those who have it. Write those beliefs down as they come to mind on a sheet of paper, crumple the paper up, and place it either on a fireproof surface or in a fireproof open container, and please make certain the area is well-ventilated. Then ignite the paper with a match or lighter and watch as it burns. Notice as the smoke curls and rises from it and then fades away into the atmosphere, carrying your belief with it into nothingness. Watch as the paper turns to ash. As you observe the transformation from paper into ash, realize that the beliefs written on the paper are being transformed, as well. Mentally bless and let go of whatever limiting beliefs you have written down and watch as they disappear.

You have just released your limiting beliefs. In the future, if you feel constrained in any way or become aware that the belief is not totally removed, then use the Blessing Way Process, EFT or Z-Point, or any combination of the three to release any remaining remnants of the belief.

### **Today's Affirmation**

I allow abundance to flow in and through my life

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### Today's Action Steps

1. Re-read your Prosperity Business Plan and your **Eleven Things Gratitude List**.
2. Take a moment to stand firmly with one arm raised to the heavens, the fist clenched as firmly as if you were holding on to the hand of God. Now either mentally or vocally affirm:

***As God as my witness, I am powerful today, I am brave today, I am strong today, I am fearless today, I prosper today. And I am living each moment of this day embracing my true nature and moving closer to becoming the person I am destined to be. For today and every day from this point forward this is my truth.***

Note: If possible write this affirmation on a card that will fit in your wallet or purse and carry it with you so you can refer whenever you feel doubts or fears arising. And each time you repeat this affirmation, say the words with as much feeling and emotion as you possibly can, spending at least one full minute imagining every aspect of your life as you want it to be.

3. Place today's allotment of money in your container and read the affirmation on the container three times. Expect to receive in return.
4. Bless those around you, including your fellow participants in this experiment. See those you bless prospering and surrounded by good. Then bless yourself and see the same. You may also want to continue blessing those on the blessing request list. Reading the responses will give you an opportunity to see for yourself.
5. Return to the blessings requests and read the responses being posted by those who have been blessed. (you'll find a link at the bottom of this email, or simply go to [bettertobless.com](http://bettertobless.com) and click on "Request a Blessing") Your blessings are making a difference. Reading the responses will give you an opportunity to see for yourself.