

The 90-Day Prosperity Experiment

Day 58: Remember When? *by Kate Nowak*

Hello from my heart to yours,

Have you been thinking a lot lately about what you want? Are you wondering when your dreams are going to finally harden into realities? Are you spending time everyday thinking about how nice your life is going to be once what you want is finally here?

Well, if so, you need to stop right now.

That's right. Stop. Now.

You see, as long as you keep the focus on what you don't have yet, but are still wanting, you are sending out a signal to the universe that says what you want hasn't arrived. And since that's the signal you're sending out, that's what the universe will keep sending back. The universe isn't purposely withholding from you. It is simply reflecting your energy back to you. And even though you don't consciously mean for it to, the energy you repeatedly send out is saying "Keep me waiting, please."

And the universe will.

So don't think about not having what you want. In fact, don't even think about what you want at all. Instead start thinking *from* what you want. If you didn't catch it the first time, read the last two sentences again. Notice the difference the one word makes. It's a big difference.

As long as you're thinking *about* what you want, you're on the outside looking in, like a child looking through the window at the candy store. When you start thinking *from* what you want, you mentally move inside the store, take the candy out of the jar, hold it in your hands and then taste its sweetness on your lips. You experience that candy. See the difference. You have to make the mental shift from being a looker to being an experiencer. And you do that when you change from thinking about to thinking from.

One of the ways you can do this is by playing the "Remember When" game. To play, all you need to do is think about already having what you want, and then imagine that you are discussing your dream come true from the perspective of it having already happened. Just imagine how it feels to have it and then imagine a conversation with someone close to you in which you say something like:
"Remember when I didn't have any of this? Remember when I was struggling?"

If you are having trouble paying your bills at the moment, you could say,
"Remember when I couldn't even pay my bills on time? And now I have all the money I need for whatever I need."

If you're desiring a new relationship, you might say, "Remember what my life was like before I met her? And now I can't imagine not having her in my life."

If you want a new home, you might say, "Remember that cramped little apartment I used to live in? And now I have this beautiful home I enjoy so much!"

"Remember When" statements work because they automatically shift your perspective from thinking about to speaking from, causing you to mentally place yourself in a position of having to look back on your current situation as if it were your past. In so doing, you are actually placing distance between you and whatever may be, while at the same time moving yourself that much closer to what you want to be.

Don't get caught up in thoughts of "It won't ever happen," or "Maybe I don't deserve it." That's defeating. Instead, simply move to a position of "from" and then look back at the current circumstance as if it were past. By doing so, you are allowing your imagination to assume something is true. And before you know it, it will be.

Whatever it is you want, whether it is a thing, a circumstance, a relationship -- whatever it might be -- you have the ability to take possession of it in your mind, to occupy it in your thoughts as if you were occupying it in your physical reality. You can move into it, and from that vantage point, look back and observe your world. You can feel the sense of satisfaction observing from that position brings you; revel in the joy, the relief, the exhilarating freedom of being where you belong.

Do this consistently, not allowing a day to pass that you do not move into the state of being where you want to be. Allow yourself to think from your dream before going to sleep each night and then think about it again briefly each and every morning as you awaken. Do so, and I promise you this: No power on earth will be able to keep it from becoming the new reality you are creating.

Today's Action Step:

1. Re-read your Prosperity Business Plan and your ~~Ten~~ **Eleven** Things Gratitude List.

2. Take a moment to stand firmly with one arm raised to the heavens, the fist clenched as firmly as if you were holding on to the hand of God. Now either mentally or vocally affirm: "*As God as my witness, I am powerful today, I am brave today, I am strong today, I am fearless today, I prosper today. And I am living each moment of this day embracing my true nature and moving closer to becoming the person I am destined to be. For today and every day from this point forward this is my truth.*"

Note: If possible write this affirmation on a card that will fit in your wallet or purse and carry it with you so you can refer whenever you feel doubts or fears arising. And each time you repeat this affirmation, say the words with as much feeling and emotion as you possibly can, spending at least one full minute imagining every aspect of your life as you want it to be.

3. Place today's allotment of money in your container and read the affirmation on the container three times. Expect to receive in return.

4. Bless those around you, including your fellow participants in this experiment. See those you bless prospering and surrounded by good. Then bless yourself and see the same. You may also want to continue blessing those on the blessing request list. Reading the responses will give you an opportunity to see for yourself.

Today's Quote:

" For if I could find something more simple to tell them than I think I have told them, this would be it: to enter into the state and not simply think of the state. Thinking from it differs from thinking of it. I must learn to think from it. A man who this night came into a million dollars, from that moment that man is made aware that he has a million, when prior to that he had nothing. He is thinking from the consciousness of having a million dollars. He is not thinking of it; he is walking in the consciousness of having a million dollars. He's not hoping for it, wishing for it; he is actually in it."

— **Neville Goddard**

Today's Affirmation:

"I am now living the life I only once imagined. My dream come true!

I see it. I believe it. I am living it now!"