

The 90-Day Prosperity Experiment

Day 57: Isn't It Wonderful *by Kate Nowak*

Hello from my heart to yours,

Yesterday I shared with you the story of the woman who used her feelings and imagination to move from dire circumstance into a better life. Each night she drifted off to sleep by declaring "Isn't it wonderful! Something marvelous is happening to me now!"

That was all she did. Nothing extraordinary. No work involved. She just imagined how she'd feel if life were wonderful and then she conjured up those feelings. And after a bit, life became wonderful. It really is amazing what a little imagination can do.

So tonight, just before you go to sleep, I want you to use your own imagination to create the feeling that something marvelous is taking place in your life right now. Right this very minute. You don't have to define it. You don't have to even try to figure out what it is. Just conjure up in your mind the feelings you would

experience if something really, truly, amazingly wonderful were happening right now.

You'd be ecstatic, wouldn't you?

So be ecstatic.

And let that be the thought up feeling you take to sleep with you. And tomorrow night do the same. And the night after that, as well. In fact, every night for the remainder of the experiment, prepare for sleep each night by imagining something really marvelous is taking place in your life, and then feel the feelings and let yourself drift off to sleep thinking about something really wonderful and marvelous taking place right now. This is much easier to do than you might think. Just try it. You'll laugh at how easy it is.

It's easy because...

Something really marvelous is happening in your life right now. Isn't it wonderful!

Today's Action Step:

1. Re-read your Prosperity Business Plan and your ~~Ten~~ **Eleven** Things Gratitude List.
2. Take a moment to stand firmly with one arm raised to the heavens, the fist clenched as firmly as if you were holding on to the hand of God. Now either mentally or vocally affirm: "*As God as my witness, I am powerful today, I am brave today, I am strong today, I am fearless today, I prosper today. And I am living each moment of this day embracing my true nature and moving closer to becoming the person I am destined to be. For today and every day from this point forward this is my truth.*"

Note: If possible write this affirmation on a card that will fit in your wallet or purse and carry it with you so you can refer whenever you feel doubts or fears arising. And each time you repeat this affirmation, say the words with as much feeling and emotion as you possibly can, spending at least one full minute imagining every aspect of your life as you want it to be.

3. Place today's allotment of money in your container and read the affirmation on the container three times. Expect to receive in return.

4. Bless those around you, including your fellow participants in this experiment. See those you bless prospering and surrounded by good. Then bless yourself and see the same. You may also want to continue blessing those on the blessing request list. Reading the responses will give you an opportunity to see for yourself.

Today's Quote:

"Imagination is a stimulus to happiness. If we are capable of imagining a situation, we are capable of attaining that situation."

— Anthony Norvell

Today's Affirmation:

"Isn't it wonderful! Something marvelous is happening to me now!"



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