

The 90-Day Prosperity Experiment

Day 51: A Tenfold Notebook *by Kate Nowak*

Hello from my heart to yours,

Chances are better than average that the reason you joined the Prosperity Experiment is because your finances aren't as great as you'd like them to be. And if so, that's certainly understandable. Having some kind of direction over your financial affairs is not just important, it's vital.

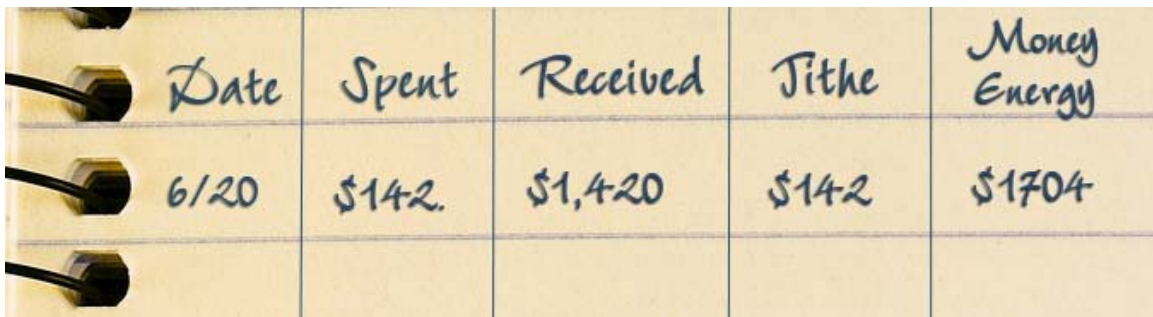
Of course, as we've been discussing the past seven weeks, whatever you believe about your finances is what you are going to experience. We receive what we believe. If we believe that life is filled with limits, and money is hard to come by, it will be. If we believe, on the other hand, that the universe always meets our needs, and that for every cent we spend, ten more will come to take its place, we're apt to always have more than enough to take care of our needs.

For quite some time now, I've been carrying a small business card in my wallet that says I am blessed with a tenfold return on everything I spend. I see it every time I take cash out of my wallet and it always reminds me to take a moment to imagine ten times what I spend coming back to me in some magical and unexpected way. And even though I've never spent a great deal of time

contemplating it, in the several years I have carried it, there has been a significant increase in the amount of money coming into my life.

Trouble is, I hardly ever spend cash any more. Because of the convenience, almost all of my purchases are made these days with a bankcard, which means that in the past year or so, I've hardly noticed that little tenfold return reminder. And since being out of sight usually means being out of mind that bothered me. A tenfold return isn't something I want out of my mind.

I decided it was time to begin a new habit. Taking a small, spiral-bound notebook out of my purse, I divided a page into five columns and then gave each column a heading so I would have an easy-to-remember way of keeping up with pertinent information. To keep it less complicated, I made the decision to round off each expenditure to the next highest dollar, thus an expenditure of, let's say, \$141.17 would be rounded up to \$142, making the entry in my little notebook look like this:



Date	Spent	Received	Tithe	Money Energy
6/20	\$142.	\$1,420	\$142	\$1704

Under the date heading, of course, I write the date of the expenditure. The amount spent is written in the next column. Under "Received" I write the amount I expect to receive in return, or ten times the amount I spent. Following that, I write ten percent of the amount returned. This is my tithe. You may not believe in tithing and want to skip that column, but remember this entire experiment is based on giving. The way I see it, if I'm expecting a ten-fold return on my money, the least I can do is give a tenth of that back.
