

The 90-Day Prosperity Experiment

Day 5: Serving Others *by Kate Nowak*

Hello from my heart to yours!

As explained in previous messages, the purpose of the Prosperity Experiment is to test the theorem that we automatically draw the good in life to us by serving others through blessing. When our focus is on blessing others, we stop trying so hard to grasp things and people and opportunities for ourselves and become more able to receive. By ceasing to be so self-interested, we become active participants in the natural give-and-take of life.

I'd like to share with you an old story which I think beautifully illustrates this truth:

Once upon a time a very curious man was given permission to visit both Heaven and Hell while he was still alive. He first journeyed down to Hell, and there he saw a great banquet hall, where millions of people were seated at long tables that had been lavishly set with an abundance of rich and delicious foods and drinks served on plates of solid gold and in goblets of shining silver.

The man was immediately puzzled by what he saw because instead of enjoying such a lavish meal, the people all appeared to be starving and were openly moaning and weeping. On further inspection, the man soon discovered the reason. The spoons and forks the people were given were longer than their arms, so even though they could pick the food up, they could not bring it to their mouths. This was truly Hell, the man thought, to be placed in front of such a banquet and not able to eat.

Next, the man went to visit Heaven. There, too, he saw millions of people seated at the long and lavishly decorated tables that filled Heaven's great banquet hall. And just as he had seen in Hell, food of every imaginable kind was set before them. Here, the man noted, just as in Hell, the spoons and forks were longer than the arms of the people and so they, too, were incapable of feeding themselves. But instead of the weeping and gnashing of teeth he had observed in Hell, the people here in Heaven were well fed and joy-filled. And then he realized why.

They were not trying to feed themselves.

They were feeding each other.

I don't know your present circumstances. You may have joined this Prosperity Experiment because you are curious and simply want to see what happens. Or you may have joined it because you are at the end of your financial rope and don't know what to do next.

But either way, just the fact that you have internet access and are able to join us here indicates you have more wealth in your possession than a great portion of the world's population.

Chances are good, right now, that you could take a dollar out of your pocket and give it to someone else and not miss it in the least. There are people all over this world who have an income of less than a dollar a day. So no matter how impoverished you may believe yourself to be, you are still WEALTHY in comparison to many.

Begin at once to remind yourself often of this truth, doing so daily until you feel your mindset begin to change in such a way that no matter what you may have previously felt your circumstance to be, you will now begin to realize you are already RICH.

Today's Action Step:

1. Find a container big enough to hold three month's worth of coins or bills and put it in a place where it will be seen every day. (Mine is on my nightstand). Print out today's affirmation on a piece of paper sized to fit and then tape it to the container, so that you can easily read the words. Then, beginning today and for the remainder of the experiment, put at least one dollar a day (or it's equivalent) into the container. If you can afford more, do so. As you place the money in the container, read the affirmation, aloud if possible, repeating it three times.

At the end of the experiment you will be giving the money to someone in need, but for now, don't concern yourself with where it will go, just concern yourself with making certain that every day you put money into the container and re-state your affirmation.

(NOTE: If you truly cannot possibly afford a dollar every day, put in what you can. But daily commit to putting money in the container, and if you cannot possibly put in anything at all, then find the container anyway, affix the affirmation to it, put it in a place you can easily see, and at least three times a day repeat the affirmation while visualizing yourself easily filling the container with the intention of giving to others.)

2. Continue to bless those you chose in a previous Action Step.

Today's Quote:

"He who obtains has little. He who scatters has much."

--Lao Tzu

Today's Affirmation:

" This is an abundant universe. I always have more than I need. I always have wealth to share."



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