

The 90-Day Prosperity Experiment

Day 45: From Your Perspective *by Kate Nowak*

Hello from my heart to yours,

There is an old story about a fellow who stops at a gas station in a very attractive but unfamiliar small town. While refueling his car, he chats with the station attendant.

“Nice little town you’ve got here,” he tells the attendant. “Tell me, what are the people like?”

“Oh, I don’t know,” the attendant answers. “What are they like where you come from?”

”Well, to tell the truth, I hate to have to say it, but the people where I live are a pretty awful lot. Most of them would go out of their way NOT to help you. My wife

agrees with me. The folks where we live are some of the coldest hearted people in the world.”

“That’s too bad,” the attendant says. “But now that you bring it up, I guess you’d probably have to say the people here are exactly the same.”

That really is too bad,” the visitor agrees. “Guess that’s how people the world over are becoming. What a shame.”

The first man leaves and a few minutes later another tourist in the area for the first time pulls into the station. “This is certainly a pretty little town,” he tells the attendant, “You lived here long?”

“All my life,” the attendant answers.

“Are the people here as nice as the town?” the tourist asks.

“Oh, I don’t know,” the attendant answers with a shrug. “What are they like where you come from?”

“Best people in the world,” the tourist declares with a smile.

The attendant nods his head in agreement. “Well, you know,” he says, “now that you bring it up, I think you might say the folk around here are the same.”

What the attendant in this story understands is that the world around us is always a reflection of our expectations and perceptions. If we expect and perceive it to be kind, loving, abundant and beautiful, it will be. If we expect and perceive it to be cruel, limiting, unyielding and unloving, it can just as easily be that, too.

Awareness – Consciousness – is being tuned in to what the present moment is, Our perceptions are the way we define the present moment and are dependent upon past and future.

When we perceive, we become aware of and develop a personal understanding of whatever presents itself to us, based upon the messages we receive from a combination of past and future experiences, our five physical senses and our sense of inner awareness. The perception we have of any thing, person or event serves to keep us grounded in a physical reality. Our ability to form a perception, however, also gives us a divine role to play in the workings of the universe; for as perceivers we are also creators.

Unfortunately, along the way, we often mistake our perceptions of the world around us for undeniable Truth. And the more based those perceptions happen to be on our sense of separation from the world around us, the more apt we are to create a fearful world. When what we perceive is based on our sense of connectedness with All That Is, however; the more in sync we immediately feel to everyone and everything around us, and the more apt we are to create a beneficial and loving world. Because our sense of connection arises from inner awareness, this is a primary reason that sages since the beginning of time have advised us that the way to true happiness is to go within.

Any external problem we perceive in our own lives or in the lives of others is really nothing more than a signal that we have neglected to take this inward journey. The problem, whatever it may be, is simply letting us know we have lost touch with our Inner Being.

The problems in our lives are really nothing more than messages for us to “call home.” They are loving reminders that we need to reconnect with Self. Such situations are a blessing, a beneficial act of love offering us a chance to confront our fears and return to our sense of inner connectedness. As we overcome the fear, we resolve it.

The wrongs we perceive in the world are not presented to us in order for us to heal them. They come into our lives *so that we can heal ourselves*. They invite

us to go within to reconnect with and love the creative being we have always been.

And when we love ourselves completely, our entire world changes to reflect that love.

There is only you. The problems and difficulties you see are your perception and nothing more.

Appreciate them.

Bless them.

Love them.

Give thanks for them.

And love and appreciate yourself for being the powerful and intelligent creator of your world that you are. Feel yourself reconnecting with the source of your power, and as you do, the inner healing necessary to a changed world will take place. As it does, the world you see before you will become a world of harmony and peace.

And it all begins by honoring yourself enough to recognize that you create your world by your perceptions, and then loving yourself enough to be willing change the perception.

Today's Action Step:

1. Re-read your Prosperity Business Plan and your ~~Ten~~ **Eleven** Things Gratitude List.
2. Place today's allotment of money in your container and read the affirmation on the container three times. Expect to receive in return.
3. Bless those around you, including your fellow participants in this experiment. See those you bless prospering and surrounded by good. Then bless yourself and see the same. You may also want to continue blessing those on the blessing request list.
4. Return to the blessings requests and read the responses being posted by those who have been blessed. (You'll find a link at the bottom of this email, or simply go to bettertobless.com and click on "Request a Blessing") Your blessings are making a difference. Reading the responses will give you an opportunity to see for yourself.

Today's Quote:

"The reality before you is the most meaningful experience you could be having in this moment. It is never a mistake. To become aware of its message of love, you must allow the experience of your reality into yourself. This is to be one with it, rather than to reject, resist, or judge it. This is to experience it with clarity. It is to hear the message, which is to allow it to transform into the next experience. Hear the message of your current reality in order to release its rigidity, such that your fluid dreams can unfold."

Today's Affirmation:

"Everything I perceive is a blessing to me."



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