

# The 90-Day Prosperity Experiment

Day 44: A Love Story – Part Two *by Kate Nowak*

Hello from my heart to yours,

Just imagine how our lives would change if we did as the monks in yesterday's message did and treated everyone and everything as if we were in the presence of God.

If instead of finding fault, we chose to find God, it wouldn't be long before our perception of others would be so completely changed that finding any fault at all would be foreign to our behavior.

If we treated everyone in our lives with as much reverence and respect as would naturally be reserved for God, it wouldn't be long before we felt God's presence everywhere, in everyone and in everything. Like the monks, our days would be filled with awe and splendor.

As Nikos Kazantzakis so eloquently said, "God changes appearances every second. Blessed is the man who can recognize him in all his disguises. One moment he is a glass of fresh water, the next, your son bouncing on your knees or an enchanting woman, or perhaps merely a morning walk."

When our hearts open fully to love, we begin to recognize God in all his disguises. We are blessed.

Many years ago, a couple that my husband and I considered friends became very angry with us because of something over which we felt we had no control. As the years passed, their animosity toward us continued, and eventually our relationship deteriorated to one of tight-lipped nods in public or total avoidance otherwise. In short, we became enemies.

Years later I began a study of spirituality and in the process of learning, committed myself to suspending judgment and offering unconditional love to every one and every situation. Though I didn't always succeed, I did make a daily effort and was amazed at how quickly aspects of my life began to change.

Almost immediately, those things I'd once judged as being inharmonious with my environment began blending in beautifully. That which I'd once seen as harsh and foreboding now appeared warm and comforting. The more I stopped noticing faults in others and began focusing on the things about each person I truly appreciated, the more I noticed I was feeling different about myself, too. I felt lighter and freer, as if the judgment I'd been carrying for a lifetime was a heavy burden that had been lifted.

Of course, a great deal of the time, I stumbled. More often than not, I'd find myself knee-deep in judgment before I even realized what I was doing. But the trend of my thinking was definitely shifting. And as it did, my life shifted, too, the same way the image in a mirror shifts with every nuance of change in that which it reflects.

After a while, I also began using this non-judgment approach to deal with painful hurts and resentments from the past. Whenever the couple I mentioned earlier came to mind, for instance, I would envision them surrounded by golden light and then release my relationship with them to the Highest Good. This wasn't a daily practice, by any means, just a mini-meditation I applied whenever an old grudge or pain came to mind.

Several more years passed and then one day while attending the funeral service of a mutual friend, I saw them again. They were standing on the church steps not ten feet away and the beauty radiating from them took my breath away. I could actually see an aura of golden light surrounding their bodies, just as I'd seen in my imagination whenever they'd come to mind. Tears of joy sprung to my eyes and my entire being filled with awe and wonder. I wasn't looking at old enemies, I realized. I was looking into the heart of God. I was looking at the physical manifestation of unconditional love.

Love is what we see when we choose to find God rather than fault. Sometimes we get so caught up in our daily doings we forget that finding love is a better choice. But like the monks, we are always free to choose again. It is entirely up to us. We can choose to express understanding instead of animosity, joy instead of sorrow, and love instead of hate. And as we do our lives will change accordingly.

When called upon to define love, writer Gertrude Stein answered, "Love is." How beautifully simple and complete. Love is. It is the sum and substance of the universe, that of which all things are made. It is the power that propels us, the light that shines within us and the glue that binds us. Love is not something we do or feel. *Love is what, by our very nature, we are.*

Accepting God as infinite love enables us to feel worthy and deserving of the very best life has to offer. We are able to live more abundantly, because we feel deserving of living that way. When we expand our awareness of love, we begin to recognize the infinite possibilities all around us. Our perception of life changes

and we no longer feel bound by old limitations. *Love erases the barriers to our good, removing every nuance of unworthiness and wiping away those beliefs that previously held us bound. Love throws open the doors to our good.*

Every aspect of our life improves. When we do all things in love we naturally feel more relaxed and at ease, free from stress and tension. We don't have to "look over our shoulders" any longer. Love sown will reward us with love reaped, and knowing that, we begin to expect our good, and accordingly, it flows to us. Worries and fears dissolve. We feel blessed and at peace and in harmony with the Universe. Our lives take on new joy, and we greet each day with anticipation and gratitude.

In addition, science is now in agreement with what philosophers have always said: We are all one. That means, of course, that when we offer pure love to others, without judgment, not only do we change our lives for the better, *we change the entire world.*

Some pretty good reason to let love prosper in your life, don't you think?

**Today's Action Step:**

1. Re-read your Prosperity Business Plan and your ~~Top~~ **Eleven** Things Gratitude List.
2. Place today's allotment of money in your container and read the affirmation on the container three times. Expect to receive in return.
3. Bless those around you, including your fellow participants in this experiment. See those you bless prospering and surrounded by good. Then bless yourself and see the same. You may also want to continue blessing those on the blessing request list.
4. Return to the blessings requests and read the responses being posted by those who have been blessed. (You'll find a link at the bottom of this email, or simply go to [bettertobless.com](http://bettertobless.com) and click on "Request a Blessing") Your blessings are making a difference. Reading the responses will give you an opportunity to see for yourself.

**Today's Quote:**

"You will find as you look back upon your life that the moments that stand out, the moments when you have really lived, are the moments when you have done things in a spirit of love."

— Henry Drummond

**Today's Affirmation:**

"Love prospers me."



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