

# The 90-Day Prosperity Experiment

Day 30: You Can Do It! *by Kate Nowak*

Hello from my heart to yours!

OK, the time has come. Give yourself a pat on the back. Stand up and applaud yourself. Look in the mirror and give yourself a high five. Grin. Laugh. Shout Whoo-Hoo!! Jump for Joy! Celebrate!

Why?

Because you did it, that's why. You made through the first 30 days. That means...

You are committed.

You are determined.

You are dedicated.

You know how to persevere.

Adhering to this experiment daily has not been easy. There were probably countless times you wanted to quit. But you didn't. You kept at it because you knew that no matter what it took, you could and *would* do it. Those who quit the first week, or last week, or even yesterday only proved that their determination to

prosper was not strong enough. But you have proved just the opposite: You've proved that you've got what it takes.

So spend as much time as you can today praising yourself for the person you are right now. Love that person. Appreciate that person. Don't just acknowledge, celebrate that person. Because that is the person who will take you to where you want to be.

Now, get out your list of ten things, and add an 11th, please.

On the 11th line write your name in big bold letters. And from this point forward, make certain that you spend time every single day loving, appreciating and expressing your gratitude daily for the person you are right now.

You deserve it. You've got what it takes to make your dreams come true.

*And it only gets better as we move forward into next 30 days!*

### **Today's Action Step:**

1. Re-read your Prosperity Business Plan and your ~~Ten~~ **Eleven** Things Gratitude List.
2. Place today's allotment of money in your container and read the affirmation on the container three times. Expect to receive in return.
3. Bless those around you, including your fellow participants in this experiment. See those you bless prospering and surrounded by good. Then bless yourself and see the same. You may also want to continue blessing those on the blessing request list.

4. Return to the blessings requests and read the responses being posted by those who have been blessed. (You'll find a link at the bottom of this email, or simply go to [bettertobless.com](http://bettertobless.com) and click on "Request a Blessing") Your blessings are making a difference. Reading the responses will give you an opportunity to see for yourself.

**Today's Quote:**

"The victory of success is half won when one gains the habit of setting goals and achieving them. Even the most tedious chore will become endurable as you parade through each day convinced that every task, no matter how menial or boring, brings you closer to fulfilling your dreams."

— Og Mandino

**Today's Affirmation:**

"I've got what it takes to make my dreams come true."



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<http://prosperity.blessingexperiment.com>

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