

# The 90-Day Prosperity Experiment

Day 2: The Power In A Blessing *by Kate Nowak*

Hello from my heart to yours!

In Physics, there is a theory known as Quantum Entanglement which occurs when two particles are created from a single source and then split in two in a laboratory setting. Once split, these two photons will be exact opposites of each other. They will be perfect mirror images and once created, will ALWAYS mirror one another. If these photons are allowed to separate and only one is exposed to a magnetic field to increase its spin, the spin of the other particle will also change (albeit in the opposite direction). The other particle INSTANTLY acquires the opposite quantum state of the particle exposed to the magnetic field.

Basically, what Quantum Entanglement tells us is that particles of energy communicate with one another. And it doesn't matter if the two particles are ten inches, ten miles or ten thousand miles away. They instantly communicate with one another. This not only indicates that energy is thinking stuff, it indicates that each particle also knows what energy particles elsewhere are doing. That means all energy, everywhere, is connected. And since we are made of energy, as is everything else, that means we are connected, too.

I mention Quantum Entanglement because I have always been one of those people who like to know how and why everything works and, for me, the QE

theory beautifully explains why blessing works and why, when we bless, our blessings are always reflected back to us. We are wonderful, cosmic, universal, intrinsically energetic and spiritual beings and what we give out to others comes back. We are part of the Divine Harmony of the universe.

In his book, Blessing, The Art and Practice, author David Spangler defines blessing as "...a moment of reconnection with each other, with the world, and with the source of our being." In this sense, blessing reawakens us to whom and what we are, re-linking us to our origin, reminding us we are ONE.

Yesterday, in the welcome letter I sent to you, I shared my experience with blessing in the marketplace. If you are now, or have ever been, in sales you are probably aware that chatting with the customer and making him or her comfortable is a standard sales technique. And you are probably also aware that not bringing up the product is a standard avoidance technique for those who are uncomfortable selling and want the entire experience to be over as quickly as possible. It was, by the way, the technique I was most comfortable with while I was struggling to market my products, and one of the primary reasons I was selling so little.

When blessing became my only goal, however, everything shifted. By blessing, I wasn't avoiding anything. Instead, I was opening myself to and allowing the best possible outcome for all concerned. More often than not, a sale would result, but since that hadn't been my purpose, when one did not result, I hadn't failed at anything. Because my only purpose had been to bless, and I had done so, I always succeeded.

Blessing takes the pressure off, breaking us away from any attachments to the way we think things have to be. It allows us to get out of the way of our own good and allows us to connect with what is right and true inside ourselves. And, as Eckart Tolle says, "If you get the inside right, the outside will fall into place."

Blessing makes the inside right.

As you go along your way today, whenever you become aware of attachment you may feel toward any outcome, be it a positive or a negative one, make a conscious decision to let the attachment go. Instead, bless the situation and be willing to let whatever happens happen, trusting that even if you cannot see how it can possibly be, you will, when all is said and done, benefit.

There have been other prosperity experiments conducted on the internet and while most have enjoyed a measure of success, most, if not all, have been primarily based on a universal law commonly known as the "law of attraction." Throughout the course of such experiments, participants are encouraged to focus on only what they want and not on what is unwanted. While such experiments prove that the law of attraction works infallibly, they also keep the primary focus on self.

The purpose of this experiment is a bit different. Rather than focusing on attracting what we want, our primary focus will be on giving to others through envisioning for them the highest and best imaginable. In other words, what we want, we will be willing to see others having.

The Golden Rule states that we should do for others what we would want them to do for us. When, through blessing, we imagine for them the same love, joy, peace and prosperity we would wish for ourselves, we are sowing seeds of blessing that will sprout and grow, some in the gardens of those we bless and some in the gardens we call our own.

### Today's Action Step:

Visit the Requested Blessings page on the primary site,

( [www.BettertoBless.com/requests.html](http://www.BettertoBless.com/requests.html) ) read through the requests, pick one or two as you are led, and spend some time each day for at least the next seven days blessing the person or persons involved. If an email address has been included, write a short note to the person letting them know you are surrounding them in blessings and imagining the highest possible good for them. Then for the next seven days, or longer if you choose, send a short note each day just to let the person know he or she is remaining in your thoughts.

(Note: Because of the way the request page is set up, it will be necessary for you to note the name of the person making the request as well as the date the request was made. This will enable you to return to the request more easily.)

### Today's Quote:

"It is not enough to just sow seeds in this physical life, that is, to struggle for or make millions, invent the greatest gizmo ever, or become the 'who's who' of some social registry; for regardless of how sublime these intentions first seem, and even if their seeds should grow and flourish, they can only grow into forms that pass and fall in time.

"If our wish is for a life that is whole and loving, one that is filled with new light, then we must sow these eternal seeds within ourselves; that is our work."

— Guy Finley

from *Let Go and Live In The Now*

**Today's Affirmation:**

"I was born to be a blessing to the world."



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<http://prosperity.blessingsexperiment.com>

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<http://www.bettertobless.com/forum.html>

Note: A password is required to access the forum. The password is **bless**