

The 90-Day Prosperity Experiment

Day 11: Embracing Abundance *by Kate Nowak*

Hello from my heart to yours!

Just a little over a century ago, researchers in quantum physics began to discover that everything in the world is made up of constantly vibrating strings of energy. It was discovered that all those things once considered whole and solid, were instead made up of constantly pulsating energy. Even more incredible, science discovered, this invisible energy coalesces into visibility by nothing more than human expectation, will and consciousness. It's what we do with this energy, science revealed, that determines the outcomes we experience.

We live in a state of endless possibility, all of our own making. Because we are enveloped in all this potentiality, this naturally keeps us in a constant state of flux in which even the smallest change in consciousness can have an immediate and far-reaching impact. Most of us remain unaware of how much power we actually have at our disposal because both energy and consciousness are invisible, and those things we can't see, touch, hear, smell or taste we have a tendency to disregard. But just like electricity, the power is still there, whether we turn the light on or not. If we are to begin using this power effectively, we must first be willing

to explore the realm of inner space, because it is here that invisible potential is transformed into all those things we can see, touch, hear, smell and taste.

If we want to change the world in which we live, we have to begin thinking about it differently. Twentieth century writer Robert Collier puts it this way:

"Have you ever run a race, or worked at utmost capacity for a protracted period, or swum a great distance? Remember how, soon after starting, you began to feel tired? Remember how, before you had gone any distance, you thought you had reached your limit? But remember, too, how, when you kept on going, you got your second wind, your tiredness vanished, your muscles throbbed with energy, you felt literally charged with speed and endurance? Stored in every human being are great reserves of energy of which the average individual knows nothing. Most people are like a man who drives a car in low gear, not knowing that by the simple shift of a lever he can set it in high and not merely speed up the car, but do it with far less expenditure of power.

"The law of the universe is the law of supply. You see it on every hand. Nature is lavish in everything she does. There is abundance for everyone. But just as you must strain and labor to reach the resources of your "second wind," just so you must strive before you can make manifest the law of supply in nature.

"The world belongs to you. It is your estate. It owes you not merely a living, but everything of good you may desire. You've got to demand these things of it, though. You've got to fear naught, dread naught, stop at naught. You've got to dominate—not to cringe. You've got to make the application of the law of supply.

"'Consider the lilies, how they grow.' The flowers, the birds, all of creation, are incessantly active. =The trees and flowers in their growth, the birds and wild creatures in building their nests and finding sustenance, are always working—but never worrying. "Your Father knoweth that ye have need of these things." 'And all these things shall be added unto you.'

"If all would agree to give up worrying—to be industrious, but never anxious about the outcome—it would mean the beginning of a new era in human progress, an age of liberty, of freedom from bondage. Jesus set forth the universal law of supply when he said, 'Therefore I say unto you, be not anxious for the morrow, what ye shall eat, or wherewithal ye shall be clothed—but seek first the kingdom of God, and all those things shall be added unto you.'

"Why is it, then, that so many millions of men and women go through life in poverty and misery, in sickness and despair? Why? Primarily because they make a reality of poverty through their fear of it. They visualize poverty, misery, and disease, and thus bring them into being. And secondly, they cannot demonstrate the law of supply for the same reason that so many millions cannot solve the first problem in algebra. The solution is simple—but they have never been shown the method. They do not understand the law. The power is placed in hands so taken up with other things that they have no time to seize it.

"The essence of the law is that you must think abundance, see abundance, feel abundance, believe abundance. Let no thought of limitation enter your mind. There is no lawful desire of yours for which, as far as mind is concerned, there is not abundant satisfaction. And if you can visualize it in mind, you can realize it in your daily world."

—Robert Collier

Today's Action Step:

1. Re-read your Prosperity Business Plan.
2. Place today's allotment of money in your container and read the affirmation on the container three times.
3. Bless those around you, including your fellow participants in this experiment. See those you bless prospering and surrounded by good. Then bless yourself

and see the same. You may also want to continue blessing those on the blessing request list.

Today's Quote:

"You have everything you need: a miraculous body, a phenomenal brain, and a vast and powerful subconscious mind. Now, it's just a matter of focusing your mind in the right direction."

—Marc Allen

Today's Affirmation:

"I have everything I need. I am prospering."



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